

Team Roster

球队名单

As of SAT 23 SEP 2023

NEP - Nepal

No.	Name	Shirt Name	Pos.	L/R	Date of Birth	Age	Height m / ft in	Weight kg / lbs	Club	Int. Matches	Int. Goals
1	CHAUDHARY Ram Kumari	RAMU	CB	R	29 DEC 1988	35	1.57 / 5'1"	58 / 127		4	8
2	BASNET Ramila	RAMILA B	RB	R	17 NOV 1998	25	1.56 / 5'1"	56 / 123	BAGMATI PROVINCE, KATHMANDU (NEP)	46	6
3	RANA Mamata	MAMATA	RB	R	21 JUL 2003	20	1.64 / 5'4"	58 / 127	NEPAL ARMY, KATHMANDU (NEP)		
4	CHAUDHARY Aditi	ADITI	RB	R	13 NOV 1998	25	1.66 / 5'5"	65 / 143			
5	SHRESTHA Devi	SHRESTHA	LB	R	4 JUL 1991	32	1.58 / 5'2"	61 / 134	APF, KATHMANDU (NEP)		
6	SHERPA Aita Lomu	SHERPA A	P	R	16 JUN 1997	26	1.66 / 5'5"	65 / 143	APF CLUB, KATHMANDU (NEP)	3	9
7	RAI Bandana (C)	BANDANA	P	R	2 FEB 1990	33	1.58 / 5'2"	65 / 143	APF CLUB, KATHMANDU (NEP)	7	24
8	OLI Kalpana	KALPANA	LB	R	1 MAR 1996	27	1.66 / 5'5"	60 / 132	NEPAL ARMY, KATHMANDU (NEP)	2	15
9	TAMANG Bimala	TAMANG B	LB	R	16 APR 2000	23	1.64 / 5'4"	60 / 132			
10	RAI Uma	ISHARA	CB	R	3 FEB 1991	32	1.57 / 5'1"	57 / 125	APF CLUB, KATHMANDU (NEP)	5	15
11	KUMAL Samjhana	SAMU	LW	R	5 SEP 1991	32	1.64 / 5'4"	53 / 116	NEPAL ARMY, KATHMANDU (NEP)		
13	RAI Sanju	SANJU	LW	R	31 JUL 1999	24	1.55 / 5'1"	58 / 127	APF CLUB, KATHMANDU (NEP)		
14	RANA Hilina	HILINA	RW	L	4 DEC 1999	24	1.61 / 5'3"	55 / 121			
19	SINJALI Kalpana	SINJALI	RW	R	24 NOV 1999	24	1.65 / 5'4"	58 / 127	APF CLUB, KATHMANDU (NEP)		
21	BHUJEL Bimala	BIMALA	GK	R	8 OCT 2004	19	1.68 / 5'6"	68 / 149			
22	CHAUDHARY Sangita	SANGITA	GK	R	17 DEC 1992	31	1.71 / 5'7"	67 / 147	APF CLUB, KATHMANDU (NEP)	3	
						Total Average	27.0	1.62 / 5'3"	60 / 132	4.4	4.8
Officials:									Uniform Colours	Shirt	Shorts
A	REGMI Sandesh Kumar	(Team Official)							Team 1st	Red	Red
B	MANARAJI Binda Kumari	(Coach)							Team 2nd	Blue	Blue
C	BOHARA Dipak Singh	(Coach)							Goalkeeper 1st	Blue	Blue
									Goalkeeper 2nd	Red	Red

Note:

Uniform numbers will be confirmed at the Technical Meeting and under exceptional circumstances could still be changed right up to the start of the competition.

The player's age has been calculated based on the day of update.

Number of international matches played on Senior level.

Legend:

CB	Centre Back	GK	Goalkeeper	Int.	International	L	Left Handed	LB	Left Back	LW	Left Wing	No.	Uniform Number
P	Pivot	Pos.	Position	R	Right Handed	RB	Right Back	RW	Right Wing				